

**HEAVY
MONTREAL**

PRESENT

ÈRE METAL

THE EVOLUTION OF QUEBEC METAL



SOOTHSEYER



DEAF DEALER

SWORD AGGRESSION

AN EXHIBIT AT

MUSÉE DU ROCK'N'ROLL

2222 ONTARIO EST - MONTRÉAL - WWW.MUSEEDUROCKNROLL.COM



Are you from out of town? Don't know what to do during your stay here? Where to find good record shops? Restaurants close to the venue? Well, this guide will surely come of hand...

What to do

MOUNT ROYAL

1260 Remembrance Road (Mont Royal metro station)

The mountain in the middle of the city. Reachable by metro, it features a vast park and two cemeteries. The park itself is one of Montreal's largest greenspaces, and was designed by the same guy that did New York's Central Park! Seriously, check it out, you have a killer view of the city as well. It's a hard climb on a hangover, but it'll be worth it, you'll see. FREE entrance, of course!

MONTREAL MUSEUM OF FINE ARTS

1380 Sherbrooke St W (Guy Concordia metro station)

The permanent collections is incredible and FREE to visit. It could take days to see everything, and the museum is partitioned into three pavilions. FREE

JEAN-TALON MARKET

7070 Avenue Henri Julien (Jean-Talon metro station)

A huge market with fresh produce, local specialties and micro-brewery beers, food from all over the world, restaurants, cafes, booze, cheese and everything in between. One of the best markets in Canada. Food to try on site: tacos (3 for 5\$), fried bhajis with mango chutney (3.50\$), fresh oysters (2\$ per piece). You can also try the produce while walking around. Opened from 7AM to 6PM

BIODÔME

4777 Pierre de Coubertin Ave (Pie-IX metro station)

A big building featuring four different kinds of ecosystems with animals, plants, and everything. It's pretty cool to see. 18,75\$

OLD MONTREAL

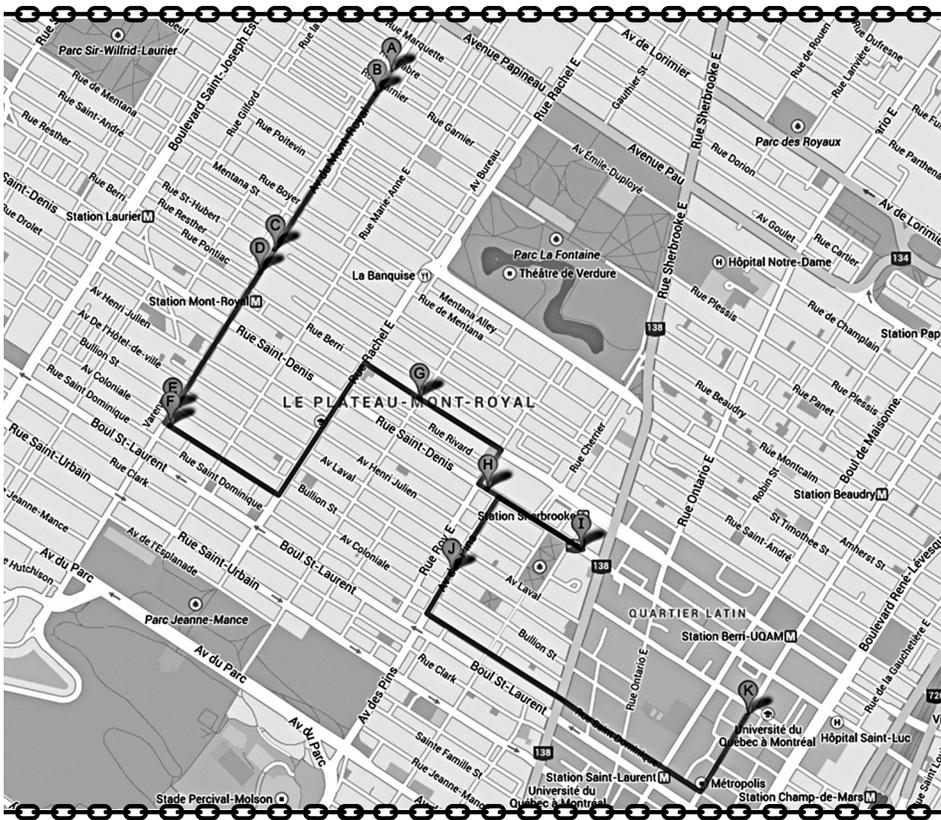
303 Notre-Dame St E (Square-Victoria metro station)

The oldest part of the city of Montreal. Take a stroll in the Old Port, see the ancient French-Canadian (and English) style architecture, buy some cheesy Canadian souvenirs... whatever. Make sure to visit the Notre-Dame basilica and try to find the inverted crosses. (St-Peters crosses)

LA RONDE

22 Chemin Macdonald (Jean-Drapeau metro station)

I don't know who in their right mind would go to an amusement park before a show, but if you don't mind waiting in line and you love going on rides, check out this place. It's totally over priced though: 62\$ (15\$ cheaper when bought online).



Where to buy records

A LE FREE-SON ROCK

1477, Mont Royal Est (Mont Royal metro station)
New and used metal CD's, as well as expensive new LPs and really cheap second hand LPs. The new LP section is great, but if you want originals you really need to be lucky. You will mostly find classics here (Priest, Saxon, etc..) for 8\$-10\$. Cool Progressive rock section.

B AUX 33 TOURS

1373, Mont Royal Est (Mont Royal metro station)
Huge record store that recently got bigger. Best place in town for vinyl records, regardless of genres. The owner travels all over the world and brings back rare records..expect to find re-issues, second hand lps (NWOBHM, thrash, heavy metal, heavy rock, etc) - usually all with pretty hefty price-tags. But sometimes you'll find good deals - last spring I found Rainbow's Rock'n'Roll for 3\$ in very good shape. Check the new arrivals.

C MELODISC

807, Mont Royal Est (Mont Royal metro station)
This store has opened its doors about two years ago. They carry tons of really cool and obscure

second hand LPs and CD's. It's a bit all over the place, but you can find some real cool stuff. Great place to find first presses of CDs for cheap.

D L'ÉCHANGE

713 Mont Royal Est (Mont Royal metro station)
CD-only second hand shop. They have a metal section in the middle... I used to find cool second hand doom metal records there a few years ago, but now it's pretty dry.

E PAUL'S BOUTIQUE

112 Mont Royal Est (Mont Royal metro station)
Second hand LP's, CD's, tapes, shirts and porn mags. Arrogant owner, and outrageous prices, but you might find some cool cheap stuff that went under his radar. Place looks like a dump!

F SOUNDCENTRAL

4486, Avenue Coloniale (Mont Royal metro station) Mon-Wed, Sat 11:00AM - 7:00PM, Thu-Fri 11:00AM - 9:00PM, Sun 12:00PM - 6:00PM
Punk and metal store mixed with a cafe. Cool place to find rare metal lp's, CD's and vhs movies, with occasional Canadian thrash metal albums arriving from time to time. Some nice 80's metal

cassette tapes close to the cash. Stoner/doom section!

G SONIK

4050 Berri St (Mont Royal metro station)
Underground punk and metal store lost on a nice street in the Plateau Mont Royal. Probably the best Canadian metal re-issue vinyl section in Montreal right now. Krautrock and crust punk sections. Nice little shop, and supportive of the local scene. I always find something there.

H BEATNICK

3770 St-Denis (Sherbrooke metro station) Mon-Wed, 11AM - 7PM, Thu-Fri, 11AM - 9PM, Sat-Sun, 11AM - 6PM
Nice little metal CD and LP section, with some weird Black Sabbath Russian LP bootlegs and other oddities. Picked up SODOM's Obsessed by Cruelty there for 5\$ a few years ago. You never know what you'll get!

I X20-RIO

3456 St-Denis (Sherbrooke metro station)
This might look like a clothing store only, but if you go on the second floor, there is a nice CD and used underground LP section, with some cool shirts, patches and back patches.

J LE PICK UP

169 ave. des Pins Est (Sherbrooke metro) Mon - Fri: 12:00 - 18:00, Sat: 12:00 - 17:00
A weird little record and book store that caters mostly to the Franco pop and rock collectors, but has an interesting little metal section with classic metal vinyls for cheap.

K VOLUME (BERRI-UQAM METRO STATION)

277 rue Sainte-Catherine E
Used CD's only. Good to fill holes in your CD collection with less-hard to find records.

OTHER « OUT OF THE WAY » SHOPS:

CHEAP THRILLS

2044 Metcalfe Street Mon, Tue, Wed, Sat 11:00AM - 6:00PM Thur, Fri 11:00AM - 9:00PM Sun 12:00 - 5:00PM
Opened 1971, first used record shop in Montreal. Black metal, doom metal and local stuff, tapes, cd's and vinyls. It's worth the visit. Lots of Tour de Garde (AKITSA frontman label) releases.

DEATH OF VINYL

6307 Saint-Laurent, Montreal

Far away from pretty much everything, but a cool place nonetheless. Mostly good for used 70's rock records and classic 80's and 90's cassette tapes. Not a huge metal section, but fun to dig through.

LA BÊTE NOIRE EMPORIUM

6262 St. Hubert, Montreal, Québec H2S 2M2 (Rosemont Metro station)
Montreal's only 100% metal shop. Packed with local and imported vinyl and CD's, flags, merch, etc. The owner, Krystal, also repairs guitars.

What to eat in Montréal

MONTREAL BAGELS

Fairmont Bagels - Open 24/7, their bagels (round breads cooked in a wood oven) are the best we've ever tasted. (74 Avenue Fairmount O)

POUTINE

Restaurant Lafleur (3620 Rue Saint-Denis) - Fast food chain all over Montreal. Best place to go when the bars close and you need some extra fat to clog your arteries. Not the best in the city, but good enough for drinks.
Pataki Patata (4177 St-Laurent) Small place, small poutine, but very tasty.
La Banquise (994 Rue Rachel Est) - Still not the very best poutine, but it's open 24h. Expensive and overrated, but still really good.

SMOKED MEAT

Schwartz's Deli (3895 St Laurent Blvd)
Of course, Montreal is known for its smoked meat, which is also known as «corned beef» in the states. Fresh beef cured for 10 days; it is absolutely delicious! Try the medium-fat smoked meat sandwich. Don't forget the side of coleslaw, pickle and fries!

PORTUGUESE ROASTED CHICKEN

Rotisserie Romados - Few people know that Montreal is known for its rotisseries... and one of the best ones is Romados. Order some chicken with hot sauce, and a sweet tart for dessert. Go at weird hours or be prepared to wait in line. Say hi to Francisco, a metalhead that works there. (115 Rue Rachel E)

BBQ

Head over to Verdun to Black Strap BBQ with your friends, and grab «Le Gros» for 38\$, you get a mountain of BBQed meat. Really really good! Also try their poutine, the sauce is made with beef drippings! Probably one of the best poutines in Montreal. (4436 Rue Wellington - De l'Église metro station)

MAPLE SYRUP

Grab a can right from the super markets. They cost around 7\$. Worth every dollar. (IGA, Metro, Provigo, Loblaw's)

SORTILÈGE

Maple syrup whiskey, available in SAQ (our liquor stores). You can try a shot at the Katakombes.

Restaurants around the venue (and how long to get there)

MARCHÉ MEGHNA (32 seconds walk, 42 m)

1605 Saint-Laurent blvd
Economic and super-tasty vegan samosas near the cash. Closes early, so go there as soon as you can - or buy some to eat later. They are a little bit spicy. You can feed a person for 2\$.

BOUILLON BILK (43 secs, 60 m)

1595 Saint-Laurent blvd
One of Montreal's best new restaurants. Contemporary fine cuisine, simple decor and fresh ingredients. Expect to pay around 40\$ for a good meal including drinks. Reserve in advance: 514.845.1595 - Open for lunch from monday to friday, and for dinner from monday to sunday.

PIZZA SAINT LAURENT (48 secs, 61 m)

24 rue Ontario (right at the back of the Katakombes) Cheap pizza, chicken wings, sandwiches, subs, onion wings, fries; the usual crappy pizza joint. Open until 4AM, so good when you're drunk and hungry in the early hours of the morning. 1.50\$ for a pizza slice.

DARBAR (1 min, 78 m)

2027 Saint-Laurent blvd (uphill)
Authentic North-Indian restaurant that is really close to the venue! Great tandoori, curries, thalis and

mango lassis. Actually, pretty much everything there is good! It's apparently one of the best Indian restaurants in Montreal! Great service, and cozy atmosphere. Expect to pay around 15-20\$ per person.

LA BELLE PROVINCE (4 mins, 280 m)

1 Sainte-Catherine St West (corner Saint-Laurent, walking downhill)
Tasty fries, average poutine. Good place to go when you're beyond drunk around 3-4 AM. Entertaining place to see the local fauna. I saw a deadly fight there once.

FRITES ALORS (6 mins, 400 m)

3497 Saint-Laurent blvd (uphill)
Belgium-style restaurant with good poutine and tasty but expensive hamburgers. Unfortunately a bit overpriced, but the quality is higher than most places around for the same food. Expect to pay around 18\$ for a meal.

MCKIBBINS IRISH PUB (6 mins, 450 m)

3515 Saint-Laurent blvd (uphill)
Absolutely incredible fish'n'chips (big enough to share for two medium appetites) and killer Guinness beef stew. And for those who loves pain (who doesn't?) and spicy food, they have a hot wing challenge - eat 12 «Grim Reaper» wings, and go on their Wall of Flame. PS - it's not

a joke, these are made with Bhut Jolokia peppers, the hottest in the world! You gotta sign a waiver before eating them! Expect to pay 18\$ for a meal.

CHEZ GATSÉ (6 mins, 450 m)

317 rue Ontario (walking towards the back of the Katakombes)
Super typical Tibetan restaurant with momos (Tibetan raviolis), soups, stir fries and all sorts of yummy stuff. Lunch menu is 8.50\$, 12\$ for a «table d'hôte», and 16\$ for a huge tasting plate of everything. Totally worth it!

CHEZ BONG (8 mins, 650 m)

1021 Boulevard Saint-Laurent (going downhill into the Chinatown)
A killer Korean restaurant with the usual Korean fare; kimchi, bibimbap, bulgogi, hot pot, bbq, stir fries, Korean pancakes. Totally authentic and delicious food. Around 13\$ for a meal.

PHO BANG NEW YORK (8 mins, 700 m)

1001 Boul St-Laurent (going downhill)
A clean and very busy Vietnamese restaurant with some of the best BBQed chicken vermicelli you will find. Everything is good there actually, and totally dirt cheap! Get number 26, you will not regret it, I promise. Eat for 10\$ including taxes - cash only.